

health & social care news

news for the Greater Nottingham health & social care community

www.pdteam.org.uk/news.htm

EDITION 12

MARCH 2004

PATIENT AND PUBLIC INVOLVEMENT FORUMS

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The Patient and Public Forums are busy meeting at the moment and the main topic being discussed at the meetings is which areas they need to investigate to help the NHS become a better service for us all.

To help get a cross section of different views the Forums are very keen to hear from the general public about any areas of concern. They are out and about in the community and the various NHS trusts to find out ways that they can help.

They are holding, throughout the year, a number of meetings in public and these have already started. **For information about these meetings please contact the relevant Forum Co-ordinator. They are:**

Kevin Grant- East Midlands Ambulance Service (0115 9195822)

Gerry Molumby- QMC and City Hospital (0115 9195820)

Mark Blaney- Gedling and Rushcliffe Primary Care Trusts (0115 9195821)

Tim Hatton- Nottingham City Primary Care Trust and Broxtowe and Hucknall Primary Care Trust (0115 9195819)

At the moment Nottingham City PCT have a meeting in public organised for 31st March, 10.00am -12.00 noon at the Pakistan Community Centre, Woodborough Road, Nottingham. Others will follow.

We are still actively looking for volunteers to join these Forums and anyone wishing to receive further information should contact the Patient & Public Involvement in Health Team on 0115 9195800.

Kevin Grant

Editorial Note

The Patient and Public Forums have been added to all our mailing lists so they will kept fully informed of issues arising from work with our 6 populations of "vulnerable adults".

However, we are keen to see people from these groups join the Forums themselves, to ensure that the needs of people in these minorities are included in the thinking of the Forums.

We would strongly encourage anyone who might like to participate in one of the above Forums, to contact Kevin and his colleagues on the above number.

This newsletter is available in other formats
eg Braille, large print, tape & on line
Contact Sam on 0115 988 1710 for details

Physical & Sensory Impairment

Hayley Allison and Maggy Topley, members of the Joint Commissioning Group for Physical and Sensory Impairment attended the December meeting of the Blind Alliance to look at how services for the visually impaired could be improved. The group welcomed the input from the JCG and have asked for regular representation at future Blind Alliance meetings. It is hoped that together, improvements in mainstream services for visually impaired people can be made! This includes looking at the BD8 process (a BD8 is the form completed by a hospital consultant after diagnosing a patient as blind or partially sighted). The aim is to speed up the process so that BD8s reach Social Services within 5 working days of the diagnosis.

The JCG is continuing to implement the recommendations of its Strategy document (**Promoting Independence – Step by Step**) published in December 2002. An interim progress report is being produced and this will be circulated to everyone who was involved in the Stakeholder event held in July 2002, or who has asked to be kept informed.

For further information please contact your local JCG representative.

Jane Godden – Commissioning Manager 0115 845 4545
jane.godden@nottinghamcity-pct.nhs.uk

General comments to physicalsensory@pdteam.org.uk
www.pdteam.org.uk/psi.htm

“It is hoped that together, services can be improved!”

City Hospital

“...more people could have the chance to get involved.”

Have you ever wanted to help decide what services your local hospital provides or choose what its priorities should be? An increasing number of patients, carers and members of the general public are helping to make these choices by saying where they think resources should be invested.

Now new plans for Nottingham City Hospital mean that even more people could have the chance to get involved.

The trust is one of a group of hospitals which has been invited to apply to become an NHS Foundation Trust, as part of the Government's plans for modernising the NHS. If its application is successful the trust will be given more freedom to provide services which local people want and need, rather than those which central Government say should be provided.

Foundation trusts will remain part of the NHS and will adhere to the same principles and standards as other NHS organisations, but they will be more democratic. They will have local people, staff and volunteers serving as members and Members of Council.

Nottingham City Hospital will be asking the public for their views on its plans for running the new organisation in a formal consultation which runs **until 30th April.**

A full consultation document has been written and information about the hospital's proposals will be published widely and circulated through libraries and other public venues. Meetings will be held to discuss the plans and information about the dates and locations for these, plus more detail about the hospital's application to become an NHS Foundation Trust will be published on the hospital website – **www.ncht.org.uk** .

Alternatively, you can e-mail **foundation.trust@ncht.trent.nhs.uk** or call freephone **0800 0132666** to request a copy of the consultation document, to ask questions or to give your comments.

Ron Staff

City Learning Disability Partnership Board

Nottingham City Partnership Board held its second conference to celebrate their achievements. Like the first one it was held at the Albert Hall, Nottingham, but that's where the comparison ends. The conference was for people with learning disabilities and it was planned with help and advice from these people, with a range of different abilities, and the invitations went out to as many organisations and day centres as possible around the City.

It was held on 28th January 2004, the coldest day of the winter and the first real day of snow. 110 invitations had been sent out and 75 people with different abilities turned up, despite the weather.

In a market place of workshops there was lots to choose from:

- there was **Employment**, Andy Billings called it "Job Idol" and ran it like a Pop Idol showcase, with everyone in the workshop joining in to vote for the best "Job Idol".
- there was **Relax**, a workshop on aromatherapy and massage, a place to escape and let your mind drift.
- there were two drama workshops: **Beyond Creative Arts** – this was a journey into sounds and sights of colour and light – a truly uplifting experience that let you into a world of wonder. The **Evergreen experience** gave you a chance to dress up and be an actor, singer or dancer - a chance to show off and be something different. It was also a place where the fire dance came to life!
- **Smile, No Bullying** gave you games, drawings and a chance to express your thoughts and feelings about bullying, to help you build confidence to say NO!
- You could go to **Speaking Up For Yourself**. You have rights to speak out, tell people what you want and how you want it, it's your life. "Let us help to support you" is what it's all about.
- You could also go to **Making Music**, where you got to play all kinds of musical instruments, have games with the drums or symbols, let loose with chimes, or help tell a story with sound, or listen to them draw a picture with music and sound.

7 workshops, stalls to look over during the tea and coffee breaks, plus stacks of food for dinner. It was good to see old friends meet up again. The communication was not a problem; the wheel chairs were hardly noticed, just people getting together and having a great time.

They didn't even let the Partnership Board in until the end. We all gathered in the main hall and sang the Evergreen anthem "We Walk the Same Earth" and we all sang as one voice, a fantastic day.

Look out for the next one, now that's going to be something else!

Trevor Clower

Carers' Forum rep. to the City Partnership Board

General comments to learningdisability@pdteam.org.uk
www.pdteam.org.uk/ldis.htm

**"...people
getting
together
and having
a great
time."**

HIV & AIDS

Complementary therapies can be of great benefit to service users. A meeting held on Wednesday 25th February, to discuss funding and provision of therapies, proved useful. Service users volunteered to do some follow up work to look at exploring new service provision and will work with the Nottingham Positive Care Team to develop the service for the future. The excellent idea of a 'Therapy Taster Day' was suggested and the Team will now take this forward.

The most recent meeting of the HIV Service Users and Carers Group was on 15th March and the next one will be on **Tuesday 15th June 12.00 noon for lunch and 12.30 start for the meeting**. This is at our usual venue of the British Red Cross HQ at Great Freeman Street.

New members are always welcome. Please phone Ruth Cutler on 0115 8599081 or email her for an informal chat prior to the meeting.

Ruth Cutler – Senior Development Officer, Gedling PCT
ruth.cutler@gedling-pct.nhs.uk

General comments to hiv aids@pdteam.org.uk
www.pdteam.org.uk/hiv.htm

“The excellent idea of a ‘Therapy Taster Day’ was suggested”

HIV & AIDS

“A once weekly Drop-In operates from a City Centre location and offers advice...”

Nottingham Positive Care Team provides support to people living with HIV and Aids. It is a multi-disciplinary team that was established approximately 9 years ago and comprises Joy Rushton (Social Worker), Sue Pennant (Clinical Nurse Specialist), Jan Nowakowska (Dietician), Jackie Webb (Community Care Officer), Martin Fox (Befriending Co-ordinator) and Sarah Roy (Welfare Rights Officer), supported by admin workers Jenny Campbell and Sarah Paling.

The number of people infected by the virus has grown both locally and nationally in recent years and the Positive Care Team provide holistic community support. People with the virus range in age from 18 months to 75 years and are from all sections of the local community. As the Team say "HIV is an equal opportunity virus".

The Team is supported by volunteers in the Befriending Scheme who offer emotional and practical support. A once weekly Drop-In operates from a City Centre location, which offers advice on housing, benefits, diet, medical issues and social problems. The Team also provides a hot meal and a safe place for people to meet. In the words of one of the service users "It's a good service, brilliant in fact. It's great to have somewhere to come and get support and have a good moan if you feel like it."

For more information on the Positive Care Team, please contact Joy Rushton on 07946084580 or email joy.rushton@nottinghamcity.gov.uk

Joy Rushton
joy.rushton@nottinghamcity.gov.uk

General comments to hiv aids@pdteam.org.uk
www.pdteam.org.uk/hiv.htm

COUNTY LEARNING DISABILITY PARTNERSHIP BOARD

Two events to report on:

The first was a very successful Open Day on Jan 8th. Nearly 200 people from across the County came to learn about the Partnership Board and seek information. The event will be repeated next year.

Secondly, the Board met on 12th February and will now meet every two months in order to properly discuss topics. We had presentations on the Short Breaks strategy. The great news is that the County has two new Short Break facilities one of which, Kingsbridge Way is in Chilwell. Some carers raised concerns about whether there are enough beds across the County. The Project Manager, Thelma Vinton, agreed to re-consider but also reminded people that the residential provision is only one part. There is also the Adult Placement Scheme and sitting services across the County.

We heard an excellent presentation on the progress of the Health Plan. Many ideas were shared. Supporting People also explained their role in the funding of housing related support.

Finally, we had a report on the review of CLDTs (Community Learning Disability Teams). They need to expand to cope with the increasing demand and complexity of work. Also, the Health and Social Care staff need to work together with the same people and under one management structure. The meeting ended with rousing applause at the news that £257,000 has been received from the Strategic Health Authority for Capital expenditure. This is due in the main to the persistent lobbying by the Chair of the Board, Councillor Anthony.

Paul Johnson – Commissioning Officer. Notts County Council.
Paul.Johnson@nottsc.gov.uk

General comments to learningdisability@pdteam.org.uk
www.pdteam.org.uk/ldis.htm

“...a very successful Open Day. Nearly 200 people came...”

OLDER PEOPLE

“...the Joint Strategy for mental health services for older people is now out for consultation

Following the two successful multi-agency stakeholder events last year the joint strategy for the future development of mental health services for older people is now out for consultation.

It is recognised that the majority of older people with mental health needs will be cared for by primary care and other “non-specialist” services. The proposed service model includes the development of protocols for early identification, treatment and diagnosis and describes shared care protocols and a liaison service with the specialist teams.

Specialist services will include the development of integrated community mental health teams, day care and specialist home care.

A significant proportion of the older people occupying general hospital beds will have mental health needs. The strategy is proposing the development of a liaison team to work across the general hospital and intermediate care interface and a shared care ward in each trust for the management of complex physical and psychiatric co-morbidity.

If you would like to see a copy of the draft strategy please contact:
Zoe Robinson, Commissioning Officer, Planning & Modernisation, Nottingham City PCT, tel: 0115 8454545, ext 39542
(email: zoe.robinson@nottinghamcity-pct.nhs.uk)

Caroline Jordan – Lead Co-ordinator of the NSF Older People
Caroline.jordan@nottinghamcity-pct.nhs.uk

General comments to olderpeople@pdteam.org.uk
www.pdteam.org.uk/olderpeople.htm

HELPING TO SHAPE LOCAL SERVICES.

Rushcliffe Cancer Forum

Help to us to help you. Rushcliffe people who have been diagnosed with cancer or who care for a friend or relative with cancer are invited to join the Rushcliffe Cancer Forum.

The Forum is a friendly group of local people who meet to discuss ways to help improve services and support patients and their carers.

The next 2 meetings are on **Wednesday 21 April 2004 from 2.00 to 4.00 pm and Thursday 17 June 2004 from 2 to 4 pm in the Seminar Room, Ling's Bar Hospital.**

To find out more or to join the forum contact Penny Spice, Head of Public Involvement with Rushcliffe Primary Care Trust on 0115 9143325.

Rushcliffe Diabetes Forum

Rushcliffe people who have diabetes or who care for a friend or relative with diabetes are invited to join the Rushcliffe Diabetes Forum. The Forum is a friendly group of local people who meet to discuss ways to help improve services and support patients and their carers.

The next 2 meetings are on **Friday 2 April from 1.30 to 3.30pm and Friday 4 June from 1 to 3pm in the Seminar room at Ling's Bar Hospital.**

To find out more or to join the forum contact Penny Spice, Head of Public Involvement with Rushcliffe Primary Care Trust on 0115 9143325.

Tell us what you think about local health services in Broxtowe & Hucknall!

In the next few weeks, 850 members of the public in the Broxtowe & Hucknall area who have been chosen at random, will receive a copy of the local health services questionnaire.

The aim of this survey is to find out about your experiences of the services provided by the National Health Service in your area.

Your response will be treated in confidence. **If you require any help or have any questions about this survey, please contact the helpline – 0800 328 5317**

Partnership Development Team News

Laurence Quirk has recently left the Partnership Development Team (PDT) after nearly 6 years, for a new job as Community Development Worker (health) at Gedling CVS. As well as editing this newsletter, Laurence undertook a range of other communication, publicity and promotion functions for the team and he will be sorely missed.

His new job is to work with the Gedling Action Team to develop services for older people to prevent them from being inappropriately admitted to hospital. He will also be enabling patients and carers to express their views on services and inform the planning process. So he has not left the field altogether and we wish him well in his new role.

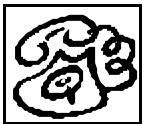
We are hoping to have someone new in post in time for the next edition of Health & Social Care News.

contact details

<p>Broxtowe & Hucknall PCT Priory Court Beeston Nottingham. NG9 2TA Tel: 0115 875 4900 www.nottingham.nhs.uk</p>	<p>Gedling PCT Byron Court Brookfield Road Arnold Nottingham. NG5 7ER Tel: 0115 993 1444 www.nottingham.nhs.uk</p>
<p>Nottingham City PCT Standard Court Park Row Nottingham. NG1 6GN Tel: 0115 845 4545 www.nottingham.nhs.uk</p>	<p>Rushcliffe PCT Barclays Bank Chambers Tudor Square West Bridgford Nottingham. NG2 6BT Tel: 0115 956 0300 www.nottingham.nhs.uk</p>
<p>Nottingham City Council 14 Hounds Gate Nottingham. NG1 7BE Tel: 0115 915 5500 www.nottinghamcity.gov.uk</p>	<p>Nottinghamshire County Council County Hall West Bridgford Nottingham. NG2 7QP Tel: 0115 982 3823 www.nottinghamshire.gov.uk</p>
<p>Nottingham City Drug & Alcohol Action Team Melrose House Waverley St Nottingham. NG7 4HF Tel: 0115 915 1961</p>	<p>Nottinghamshire Drug & Alcohol Action Team 5a Beech House Ransom Wood Business Park, Southwell Rd West Rainworth, Mansfield. Notts. NG21 0ER Tel: 01623 414 114 www.nottscountydaat.org.uk</p>



If **you** have any ideas, issues or concerns about any of the subjects in this newsletter or would like to get involved in any of the areas mentioned please contact



the **partnership development team (PDT)**,

British Red Cross Nottinghamshire,
Great Freeman St, Nottingham. NG3 1FR

Telephone **0115 988 1710**,

Direct Fax **0115 912 3441, (office hours)**



E-mail info@pdteam.org.uk

Website www.pdteam.org.uk

diary

date	meeting	start time
April		
Thursday 1st	Nottinghamshire Learning Disability Partnership Board	10 am
Monday 5th	Learning Disability Carers' Forum – Contact the PDT for details (parents/carers of adults with learning disabilities)	10.30 am
Thursday 15th	Alcohol Users' Forum at Nottingham Voluntary Action Centre	7 pm
Monday 19th	Nottingham City Learning Disability Partnership Board meeting	2 pm
Tuesday 20th	Hucknall Seniors Forum – Open meeting	2 pm
Wednesday 21st	Nottinghamshire Learning Disability Housing Options Event. Open to Carers and service users from Broxtowe/Gedling/Rushcliffe. Contact Paul Johnson for more details– see page 5	10 am
Thursday 22nd	Nottingham City DAAT Joint Commissioning Group	9.30 am
Monday 26th	Alcohol Reference Group (A Nottingham City DAAT group)	12.30 pm
May		
Monday 10th	Physical & Sensory Impairment Joint Commissioning Group	9.30 am
Monday 10th	Learning Disability Carers' Forum – Contact the PDT for details (parents/carers of adults with learning disabilities)	10.30 am
Wednesday 19th	Regional Carers' Network. Meeting for carers of drug and alcohol service users. Contact PDT for details	12.30 pm
Monday 24th	Regional Users Network. Meeting for drug and alcohol service users to talk to the National Treatment Agency. Contact PDT for details	12.30 pm
June		
Wednesday 2nd	Learning Disability Voluntary Sector Network at Bassetlaw CVS	11 am
Thursday 3rd	Nottingham City DAAT Joint Commissioning Group	9.30 am
Monday 7th	Learning Disability Carers' Forum – Contact the PDT for details (parents/carers of adults with learning disabilities)	10.30 am
Tuesday 8th	Nottinghamshire DAAT Joint Commissioning Group	2 pm
Thursday 10th	Nottinghamshire Learning Disability Partnership Board	10 am

NOTE: Details of meetings in feint type are for information only. If you wish to discuss any matters please do so using the contact details within or contact the Partnership Development Team

The views expressed in this publication are not necessarily those of the Partnership Development Team or their managing agent.

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