

# health & social care news

news for the Greater Nottingham health & social care community

[www.pdteam.org.uk/news.htm](http://www.pdteam.org.uk/news.htm)

EDITION 13

JUNE 2004

inside

<ul style="list-style-type: none"> <li>■ Physical &amp; Sensory Impairment</li> <li>■ Highbury Hospital</li> </ul>	<b>2</b>
--	----------

<ul style="list-style-type: none"> <li>■ County Learning Disability Partnership Board</li> <li>■ Broxtowe &amp; Hucknall Patient Forum</li> </ul>	<b>3</b>
---	----------

<ul style="list-style-type: none"> <li>■ Notts. County Drug and Alcohol Action Team</li> </ul>	<b>4</b>
--	----------

<ul style="list-style-type: none"> <li>■ Nottingham City Drug and Alcohol Action Team</li> <li>■ Older People (Rushcliffe)</li> </ul>	<b>5</b>
---	----------

<ul style="list-style-type: none"> <li>■ Carers' Week 2004</li> <li>■ Carers in Hucknall</li> </ul>	<b>6</b>
---	----------

<ul style="list-style-type: none"> <li>■ Contact Details</li> </ul>	<b>7</b>
---	----------

<ul style="list-style-type: none"> <li>■ Diary</li> </ul>	<b>8</b>
---	----------

## POSITIVE FUTURES HEALTHY LIVING CENTRE

Healthy Living is about:-

- Having choices
- Making friends
- Feeling safe
- Getting out and joining in
- Staying healthy
- Being active
- Knowing what's on
- Respecting each other

The Positive Futures Healthy Living Centre is about changing lifestyles and widening choices for people with learning disabilities. It is about increasing opportunities for people with learning disabilities to do what everyone else does in the community. It is about losing the 'tag' of "learning disability" that excludes, even prevents, individuals from taking a full part in their community.

The Positive Futures Healthy Living Centre is funded by the New Opportunities Fund and managed by Nottingham Mencap.

The Positive Futures Healthy Living Centre team support adults with learning disabilities to do these things. "We now have over 100 members who join in many activities such as Football for Fun, the Positive Image and Easy Information Groups, volunteering, Circles of Support, days out and one to one support. "We are very excited at the progress we have made and are looking forward to the future" says Altaire Butler, Project Manager.

On 24<sup>th</sup> June during Learning Disability Awareness Week we are having our first birthday party celebration.

To find out more information contact us on **0115 934 9566** or visit our website on **[www.pfhlc.org.uk](http://www.pfhlc.org.uk)**.



This newsletter is available in other formats eg Braille, large print, tape & on line  
 Contact Emma on 0115 988 1710 for details

---

## PHYSICAL AND SENSORY IMPAIRMENT

---

The Joint Commissioning Group is continuing to work on the "Step by Step" document. Progress will be fully reported at a planned Stakeholder Event in October. Further details about this event will be publicised soon.

One of the targets in "Step by Step" is to increase health staff awareness of disability issues. As well as increasing the number of Disability Awareness Training sessions held for Primary Care Trust (PCT) staff, commissioners from the PCTs have been working with DART (Disability Awareness Resource Team).

DART has carried out over 100 Disability Awareness sessions over the last few years with a variety of groups from health and social services staff and professionals, to voluntary and church groups as well as to countless schoolchildren and their teachers. DART have changed their focus this year in the light of "Step by Step" and are able to offer local groups the opportunity to take advantage of their informal and very reasonably priced disability awareness training approach.

To find out more see the DART website at [www.DART.org.uk](http://www.DART.org.uk), phone Pete Hannah at Rushcliffe Resource Centre on **0115 923 2353**, or e-mail [alanc@DART.org.uk](mailto:alanc@DART.org.uk)

**Jane Godden – Commissioning Manager 0115 845 4545**  
[jane.godden@nottinghamcity-pct.nhs.uk](mailto:jane.godden@nottinghamcity-pct.nhs.uk)

General comments to [physicalsensory@pdteam.org.uk](mailto:physicalsensory@pdteam.org.uk)  
[www.pdteam.org.uk/psi.htm](http://www.pdteam.org.uk/psi.htm)

**"...Step by Step aims to increase health staff awareness of disability issues."**

---

## HIGHBURY HOSPITAL

---

### Long stay Learning Disability Re-provision

We are making good progress towards helping long stay patients of Highbury Hospital to move into more domestic scale living arrangements in the community.

In the last three months we have identified a number of suitable houses and are starting a programme of refurbishment and adaptation. We have also appointed two organisations to provide support to enable the people to live happily and securely in their new homes.

During the summer these organisations will be recruiting staff ready for the intended moves in September '04.

**David Levell**  
**Project Manager (Learning Disability)**

General comments to [learningdisability@pdteam.org.uk](mailto:learningdisability@pdteam.org.uk)  
[www.pdteam.org.uk/ldis.htm](http://www.pdteam.org.uk/ldis.htm)

**"...good progress towards helping long-stay patients of Highbury**

---

## COUNTY LEARNING DISABILITY PARTNERSHIP BOARD

---

The Board met on April Fools day but I am not aware of any unfair tricks being played!

Terrific reports were presented on:

### Housing Benefit

For the first time for most people, a very complicated matter was clearly explained by Paul Stafford, Senior Welfare Rights Officer. Everyone present agreed that carers and service users need easily understood information. Paul agreed to work on this. A new Directory of Services called "Finding Your Way" was mentioned. It is aimed at children and parents but is really helpful for all. It can be found at [www.fusion-4.org.uk](http://www.fusion-4.org.uk)

### Bullying

Donna Burton told us about the successful launch of the resource pack "**Smile, No Bullying**". It has been sent to many groups in the County.

### Day services

A video to explain day service modernisation for people with complex needs will be produced to accompany the "**No More Broccoli**" video.

### Employment

There are plans to provide more and better options for people to try work.

And finally, it was great to have a representative from the Library Service at the meeting. Andrea Lowe is extremely keen to publicise all the learning disability plans and information through the libraries.

The next Board Meeting is on June 10<sup>th</sup> from 10.00 – 12.30 at Holme Pierrepont.

**Paul Johnson – Commissioning Officer. Notts. County Council.**  
[paul.johnson@nottsc.gov.uk](mailto:paul.johnson@nottsc.gov.uk)

General comments to [learningdisability@pdteam.org.uk](mailto:learningdisability@pdteam.org.uk)  
[www.pdteam.org.uk/ldis.htm](http://www.pdteam.org.uk/ldis.htm)

**"For the first time for most people, a very complicated matter was clearly explained..."**

---

## PATIENT FORUM AT BROXTOWE AND HUCKNALL PCT

---

**"The forum is currently undertaking training on health issues..."**

The Patient Forum in Broxtowe & Hucknall PCT is now up and running!

The forum is currently undertaking training on health issues, networking, attending health related events and is receiving support from the Commission (CPPIH) on how to deal with the media etc. This month, the forum will be visiting the Children's Centre at the City Hospital and will continue its training on PALS.

Over the next couple of months, the forum will finalise its work plan, detailing issues it would like to tackle, and continue making links with local health organisations and the local community.

If you are interested in joining the forum and would like more information or an application pack, please call 0845 120 7115.

---

## NOTTINGHAMSHIRE DRUG & ALCOHOL ACTION TEAM

---

### User/Carer Advocate Posts

Nottinghamshire County DAAT has long held a belief that in order to truly engage with drug/alcohol service users and with families and carers of drug/alcohol users, they must first put in place a 'mouthpiece' for effective 'challenge' of drug/alcohol services operating across the locality. Early last month, the DAAT put into place that instrument.

Emma Newton, Teresa Seymour and Margaret Usher took up part-time posts with the DAAT to provide advocacy for drug/alcohol service users and for families and carers accessing support services across Nottinghamshire, including the conurbation area of Broxtowe, Gedling and Rushcliffe.

So what are the targets for our three 'Musketeers'? Here are some samples of some of the tasks they hope to undertake:

- To promote the involvement of users and their family/carers in the planning, delivery, monitoring and review of drug/alcohol services
- To support and find a voice in local communities for family/carers
- To link with existing user/carers groups to support user/carers issues
- To be involved in the preparation and implementation of needs assessment through the development of a range of consultation and participation mechanisms (surveys, user forums, focus groups)
- To identify unmet needs and gaps in services and ensure that this information is not only fed in to service reviews, but fed back to all relevant parties
- To promote a range of peer mentor initiatives e.g. user magazines, social events, training etc
- To participate in the development of Annual Treatment Plans

These are early days for our trio, and it is important that they are supported and their work and findings on all user/carers services are taken on board. We will respect their neutrality and ensure consistency in the consideration of their recommendations – even those placed against the DAAT itself.

We watch and wait in anticipation.

**Andy Wragg – Criminal Justice and Community Partnership Manager  
Nottinghamshire County DAAT.**

General comments to [substance misuse@pdteam.org.uk](mailto:substance misuse@pdteam.org.uk)  
[www.pdteam.org.uk/smu.htm](http://www.pdteam.org.uk/smu.htm)

**“To promote the involvement of users and their family/carers in the planning... of drug/alcohol services.”**

---

## NOTTINGHAM CITY DRUG & ALCOHOL ACTION TEAM

---

The City's Drug and Alcohol Action Team (DAAT) have recently secured Home Office funding, as well as funding and support from the City Council's 'Respect for Nottingham' campaign. The funding has allowed the DAAT to advertise the 'Talk to FRANK' campaign on trams throughout the city.

FRANK is aimed at young people, parents and carers concerned about drugs. The service offers support 24 hours a day by phone or email. There is also a FRANK website which provides information on how to get help, an A-Z of drugs and what to do when worried about someone else. The campaign is a joint initiative from the Home Office and the Department of Health and is supported by the Department for Education and Skills.

The DAAT now has a Diversity Officer working for them on a 6 month placement. The Diversity Officer will be responsible for writing a diversity strategy and aim to increase the number of Black and Minority Ethnic clients who access treatment and support.

The City DAAT is also hoping to set up a Service User Forum. There was an initial meeting at the end of May and it is hoped that it will become an established group with the intention of improving access to services for people using drugs in the city. People can attend the forum and hopefully give wide-ranging views and opinions in order to provide a representative view of drug users in the city. The DAAT are hoping that the forum will include not only people who use drug services in the city, but also those who currently do not access such services. People can attend the forum in their own right or represent other groups that they may belong to.

For further information about the City DAAT please contact **Steve Youdell** on **0115 9151961**.

General comments to [substancemisuse@pdteam.org.uk](mailto:substancemisuse@pdteam.org.uk)  
[www.pdteam.org.uk/smu.htm](http://www.pdteam.org.uk/smu.htm)

**"The funding has allowed the DAAT to advertise the 'Talk to FRANK' campaign**

---

## OLDER PEOPLE (RUSHCLIFFE)

---

**"the award winning 'Keep safe, Keep well, Keep off the Floor' programme will re-launch this**

The Rushcliffe falls prevention and research group are pleased to announce that the award winning "Keep Safe, Keep Well, Keep off the Floor" programme will re-launch this summer throughout warden aided complexes. The programme is free of charge and is centred on education, advice and particular tips for maintaining a healthy lifestyle in the older population.

The programme is usually attached to a coffee morning and involves a range of sessions delivered by local health professionals, fire officers and Council staff. The sessions include advice on healthy hearts, healthy eating, keeping warm, keeping active, avoiding trips and slips, crime and fire safety.

For further information about the programme please contact **Fiona Scott** at Rushcliffe Primary Care Trust on **0115 9560300**.

General comments to: [olderpeople@pdteam.org.uk](mailto:olderpeople@pdteam.org.uk)  
[www.pdteam.org.uk/olderpeople.htm](http://www.pdteam.org.uk/olderpeople.htm)

---

## CARERS' WEEK 2004

---

### BROXTOWE AND HUCKNALL PCT CELEBRATE CARERS' WEEK 2004

Carers Week was 14th-20th June and celebrated its 10<sup>th</sup> anniversary this year. Health is the theme of Carers' Week this year.

Carers Week is an opportunity to celebrate the contribution made by the U.K.'s 6 million carers. We aim to raise the awareness of the extra role that carers take on and the resultant health issues they face.

With this in mind, we held an event in Eastwood on Wednesday 16th June 2004 to help carers positively enhance their own health. We had a belly dancing session and other activities with a view to improving the general health of carers.

All your GP practices are aware of and support Carers Week. As always your GP would like to know if you are a carer, so that appropriate information and support can be offered to you if required.

We'd love to hear from carers within the Broxtowe & Hucknall area. You can have an opportunity to share your experiences with the 12,500 other carers in the locality by writing to us at the address below.

**Sue Dyke & Jane Robins: Carer Support and Information Workers.**  
Tel: 0115 8752080

**"As always  
we'd love  
to hear  
from carers  
within the  
Broxtowe &  
Hucknall  
area..."**

---

## CARERS IN HUCKNALL

---

**"Carers ...  
share their  
own &  
others'  
experiences  
and ... make  
new  
friends."**

On Friday 26<sup>th</sup> March we held a very successful day at Hucknall Library. The main aim of the day was to find out if there was a need for a general carers support group in the Hucknall area. By attending a support group carers have an opportunity to find out any new information that may benefit them, share their own and others experiences and to make new friends.

The day was very well attended, and our alternative therapists proved to be very popular! We will now be contacting all the people who expressed an interest in setting up a carers group to try and establish a time and venue for the group to meet.

At the moment, there are already two successful carer support groups supported by Broxtowe Crossroads running in the Broxtowe area, and the details of these are:

- Stapleford (also covers the Beeston area) – at Rockwell Court, Albert Street, Stapleford, on the 2<sup>nd</sup> Tuesday of every month from 2.00pm – 3.30pm.
- Eastwood (also covers the Kimberley area) – at Beauvale Court, Wellington Place, Eastwood, on the 1<sup>st</sup> Tuesday of every month from 2.00pm – 3.30pm.

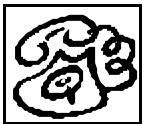
For any further information about the above two sessions **please telephone Joy or Sue at Broxtowe Crossroads on 01773 538973.**

## contact details

<p><b>Broxtowe &amp; Hucknall PCT</b> Priory Court Beeston Nottingham. NG9 2TA Tel: 0115 875 4900 <a href="http://www.nottingham.nhs.uk">www.nottingham.nhs.uk</a></p>	<p><b>Gedling PCT</b> Byron Court Brookfield Road Arnold Nottingham. NG5 7ER Tel: 0115 993 1444 <a href="http://www.nottingham.nhs.uk">www.nottingham.nhs.uk</a></p>
<p><b>Nottingham City PCT</b> Standard Court Park Row Nottingham. NG1 6GN Tel: 0115 845 4545 <a href="http://www.nottingham.nhs.uk">www.nottingham.nhs.uk</a></p>	<p><b>Rushcliffe PCT</b> Easthorpe House 165 Loughborough Road Ruddington Nottinghamshire NG11 6LO Tel: 0115 956 0300 <a href="http://www.nottingham.nhs.uk">www.nottingham.nhs.uk</a></p>
<p><b>Nottingham City Council</b> 14 Hounds Gate Nottingham. NG1 7BE  Tel: 0115 915 5500 <a href="http://www.nottinghamcity.gov.uk">www.nottinghamcity.gov.uk</a></p>	<p><b>Nottinghamshire County Council</b> County Hall West Bridgford Nottingham. NG2 7QP Tel: 0115 982 3823 <a href="http://www.nottinghamshire.gov.uk">www.nottinghamshire.gov.uk</a></p>
<p><b>Nottingham City Drug &amp; Alcohol Action Team</b> Melrose House Waverley St Nottingham. NG7 4HF Tel: 0115 915 1961</p>	<p><b>Nottinghamshire Drug &amp; Alcohol Action Team</b> 5a Beech House Ransom Wood Business Park, Southwell Rd West Rainworth, Mansfield. Notts. NG21 0ER Tel: 01623 414 114 <a href="http://www.nottscountydaat.org.uk">www.nottscountydaat.org.uk</a></p>



If **you** have any ideas, issues or concerns about any of the subjects in this newsletter or would like to get involved in any of the areas mentioned please contact



the **partnership development team (PDT)**,

British Red Cross Nottinghamshire,  
Great Freeman St, Nottingham. NG3 1FR

Telephone **0115 988 1710**,

Direct Fax **0115 912 3441, (office hours)**



E-mail [info@pdteam.org.uk](mailto:info@pdteam.org.uk)

Website [www.pdteam.org.uk](http://www.pdteam.org.uk)

## diary

date	meeting	start
------	---------	-------

### July

<b>Monday 5th</b>	<b>Learning Disability Carers' Forum – Contact the PDT for details (parents/carers of adults with learning disabilities)</b>	<b>10.30 am</b>
Tuesday 6th	Physical & Sensory Impairment Joint Commissioning Group	9.30 am
Tuesday 6th	Gedling PCT Patient & Public Involvement Group	1.00 pm
<b>Thursday 8th</b>	<b>Action for Rural Care &amp; Health – contact Newark &amp; Sherwood CVS on 01623 613 693 for information</b>	<b>2.00 pm</b>
Thursday 15th	Nottingham City DAAT Joint Commissioning Group	9.30 am
Monday 19th	Broxtowe & Hucknall PCT Patient & Public Involvement Group	2.00 pm
Monday 26th	Alcohol Reference Group (A Nottingham City DAAT group)	12.30 pm

### August

<b>Monday 2nd</b>	<b>Learning Disability Carers' Forum – Contact the PDT for details (parents/carers of adults with learning disabilities)</b>	<b>10.30 am</b>
<b>Thursday 12th</b>	<b>Alcohol Users' Forum at Nottingham Voluntary Action Centre</b>	<b>7.00 pm</b>
Monday 16th	Broxtowe & Hucknall PCT Patient & Public Involvement Group	2.00 pm
Tuesday 24th	Older Persons' Strategic Management Team meeting, County Hall	9am
Thursday 26th	Nottingham City DAAT Joint Commissioning Group	9.30 am

### September

<b>Thursday 2nd</b>	<b>Learning Disability Voluntary Sector Network at Mansfield CVS</b>	<b>11.00 am</b>
<b>Monday 6th</b>	<b>Learning Disability Carers' Forum – Contact the PDT for details (parents/carers of adults with learning disabilities)</b>	<b>10.30am</b>
Tuesday 7th	Nottinghamshire DAAT Joint Commissioning Group	2.00 pm
Wednesday 8th	Physical & Sensory Impairment Joint Commissioning Group	9.30 am
<b>Wednesday 8th</b>	<b>Regional Carers' Network. Meeting for carers of drug and alcohol users to talk to the National Treatment Agency. Contact PDT for details</b>	<b>12.30 pm</b>
Thursday 9th	Nottinghamshire Learning Disability Partnership Board	10.00 am

**NOTE: Details of meetings in feint type are for information only. If you wish to discuss any matters please do so using the contact details within or contact the Partnership Development Team**

*The views expressed in this publication are not necessarily those of the Partnership Development Team or their managing agent.*

*Printed on elemental chlorine free pulps from a sustainable source.*

