

health & social care news

news for the Nottingham **health & social care** community

www.pdteam.org.uk/news.htm

EDITION 6

SEPTEMBER 2002

EDITORIAL

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Positive Futures Healthy Living Centre gets Lottery funding

In July, Nottingham Health Community was awarded a Lottery grant of £988,000 over 5 years, to establish a network of new, innovative support services for adults with learning disabilities. The services will be provided in the form of a Healthy Living Centre (HLC), with the emphasis on **promoting well-being** and improving **quality of life**, rather than just health. The Positive Futures HLC will provide a range of services, including improved access to social/leisure activities.

The award is the result of nearly 2 years of preparation by the Positive Futures HLC Partnership Board and is a significant boost for the learning disability community. The Centre is expected to receive a good deal of national attention, as this may be currently the only Centre in the country focusing on people with learning disabilities. In addition, the services that will be offered are extremely well matched against the values and aspirations of "**Valuing People**".



The aim is to start the Positive Futures HLC from the 1st October 2002, following the recruitment of the Project Manager. The main services will be developed between October and March 2003. Planning of the launch of the Centre will start when there is more to say about when the services will be running and how you can get involved!

Older People

We are currently reviewing what local forums exist for **engaging older people** in planning and developing Health and Social Services. There is already a lot of work happening locally as part of national projects such as Care Direct and Single Assessment Process. If you are aware of any user forums, please contact the PDT.

We are also updating the Older People Mapping Exercise (a list of voluntary organisations offering services to Older People such as Day Centres, Housing, Care Groups). Many thanks to those of you who have already been contacted, for helping us check your details.

Available in Braille, large print, tape & on line
Contact Laurence on 0115 988 1710 for details

NOTTINGHAM CITY LEARNING DISABILITY PARTNERSHIP BOARD

The Board met on July 15th. There were two main presentations from the Board's 'champions' for the issues of **transition** and **employment**.

Gary Longden from Connexions spoke about his agency's work with young people. Connexions aims to work with other agencies to make sure that young people get the best help when moving from school to college or day centre. The **Positive Transitions Steering Group** is the means of taking this forward locally.

Mike Dennis from Jobcentre Plus talked about the work that is going on to promote **financial independence** for people with a learning disability. Jobcentre Plus is also working with potential employers to provide practical support and guidance for people moving into employment.

The Board heard that the bid to the New Opportunities Fund for schemes grouped under the title of Healthy Living Centres has been successful (see editorial on Page 1). This project is being developed in association with MENCAP.

Planning has started for the Board's Annual Conference, to be held on 28th November. Rob Grieg, Director of the national Valuing People Support Team, will be attending.

The Board's next meeting is on October 21st.

Paul Mansfield – Policy Officer Nottingham Social Services Dept
General comments to learningdisability@pdteam.org.uk

**“Planning
has started
for the
Board’s
Annual
Conference”**

PHYSICAL & SENSORY IMPAIRMENT

**“Output from
the PSI
stakeholder
event will
inform JCG
Strategy and
Action Plan”**

The JCG Physical and Sensory Impairment Stakeholder Event took place on 18th July. Over 70 people attended including **service users and carers**, as well as health and social services representatives. Apart from initial problems with the loop system, the afternoon ran smoothly thanks to the facilitating skills of Barbara-Anne Walker from Self-Help Nottingham and the help of volunteers from QMC and City Hospitals, who provided personal support to some of the service users.

The following people gave very interesting and informative presentations regarding their experiences of using health and social care services:

Sue Bilson (Nottingham Disabled Persons Movement)

Sue Fisher (Retinitis Pigmentosa Society)

Lisa Warnock (Nottinghamshire Deaf Society)

Mona Hutchinson (DeafBlind UK)

Hopefully this gave food for thought to the health and social services staff in attendance! Various issues such as access to services, how information is provided, staff awareness, equipment, housing, employment, transport, and the needs of carers were discussed in workshop sessions. The information gathered from this will inform the JCG's forthcoming Strategy and Action Plan. A copy of this will be sent to all those who attended.

If anyone else would like a copy please contact:

Jane Godden, Nottingham City PCT, Tel: (0115) 942 6000 ext 38504
e-mail jane.godden@nottinghamcity-pct.nhs.uk

General comments to physicalsensory@pdteam.org.uk

The summer has seen preparation for the annual stakeholder event "Make Your Voice Heard" to be held on **October 17th at the Racecourse at Colwick**. This year the theme is **community resources** and the things which **make a difference** to service users and their carers.

We are encouraging people to give us feedback on their experience and the event will run on "Open Space" lines – where the people attending identify the topics for discussion and then opt in to the sessions which most interest them.

All this work will help the Local Implementation Team (LIT) identify the **priorities for service development** for the coming year - in a way which makes sense to the people most affected – the **service users and carers**. We are also looking at the way forward for specific services, including Crisis Resolution/Home Treatment which is the one "priority service" for which we do not yet have a model. Other topics include partnership working, in-patient services and locality boundaries. As each of these will have implications for the others, our communication abilities will be fully tested!

Our Stage 4 report on NSF implementation is now in progress, including the national service and financial mappings, and reviews of: Mental Health Promotion (including Suicide Reduction), Acute In-patient Care, and Mental Health Services in Prison. Oh, – and a report on 40 specific items from the NSF/NHS Plan as well! After this we will be into **Mental Health Awareness Weeks – Starting on 7th October** with the launch of our Mental Health Promotion Strategy, and leading on to the Stakeholder Conference.

David Levell – Local Implementation Manager Mental Health
General comments to mentalhealth@pdteam.org.uk

" Mental Health Awareness Weeks from 7th October"

HIV & AIDS

"Request for county-wide JCG including City"

Our **major issue** over this last quarter has been the provision of suitable accommodation for the 'Drop In' that has been running at Acorn Day Centre.

This is of **real concern** to service users who feel that they have not yet been offered a suitable alternative. Service users recently met with health and social care managers to try and identify suitable accommodation, and a list has been drawn up for further investigation. It is hoped that at the very least, we can find a good temporary location as soon as possible.

The JCG for HIV/AIDs in the old North Nottinghamshire Health Authority area, are being asked to consider the development of a **County-wide JCG** to include the City of Nottingham. Service users and carers use a variety of services and support networks that do not necessarily sit strictly within boundaries and the paper proposes a wider representation on a county group including users and carers. Results of deliberations will be reported in the next edition.

Ruth Cutler, Senior Development Manager, and Chair of the HIV Service Users and Carers Group has moved to **Arnot Hill House, Civic Centre, Arnot Hill Park, Arnold, Nottingham NG5 6LU. Tel : 0115 8599081.**

Contact Ruth if you are interested in getting involved with the Group or would like the new inserts for the HIV Directory.

General comments to hivaid@pdteam.org.uk

SUBSTANCE MISUSE – COUNTY

Overdose Prevention Campaign

This month the Department of Health has released information, flyers and posters as part of a National Campaign to reduce drug related deaths. In order to locally support and develop this campaign, Sorted, Hettys and the North Nottinghamshire Community Drugs Team, Needle and Syringe Exchange have started their own **Harm Reduction Campaign**.

The first phase involves distributing leaflets and posters to drug treatment waiting rooms, needle exchanges and to families of drug users.

The information tells you how to spot the less obvious signs of overdose as a person slips into unconsciousness; such as snoring or gurgling noises as they start to have problems breathing, or their lips turning blue. It tells you how to try and bring them round by slapping them gently or shouting and keeping them talking so they don't fall asleep. If they don't respond you should check that they are still breathing and lay them in the in the Recovery position on their side with their head slightly tilted back to avoid them choking if they are sick.

You should dial 999 and ask for an ambulance. Tell the operator what has happened. Don't worry about the police turning up – they don't usually attend overdoses. Even if they do, **saving someone's life is more important**.

If you would like a copy of the information please contact:

Nottinghamshire DAAT on 01623 414114

General comments to substancemisuse@pdteam.org.uk

**“Harm
Reduction
Campaign –
what to do
when
someone
overdoses”**

SUBSTANCE MISUSE – CITY

**“Restructure
of City DAT –
see Page 6 for
contact
details”**

Nottingham City Drug Action Team is hosted by the City Social Services Department, but operates across the City and partner agencies. We have recently undergone a series of changes, recruiting new staff and reviewing how we operate locally.

The new posts will enable City DAT to better respond to local need and develop strategies that address all aspects of the substance misuse problem locally. The team and its partners have already looked at the operation of **drug treatment services** and will be ensuring that new resources are used to **reduce** waiting lists for treatment and ensure **young people** receive appropriate services.

We are also in the process of developing new services that cover education, prevention and harm reduction, as well as further developing a range of community initiatives and the CAD (Community Against Drugs) programme. Priorities over the coming months will be:

- Reviewing the Young People's Substance Misuse Plan
- Drafting a local drug related deaths and harm reduction action plan
- Work in the community identifying and then 'problem solving' local issues
- Increasing numbers of people in treatment and reducing waiting lists
- Local commissioning plan 2003-05
- Redrafting the City Drug Strategy in view of the above and after the new National Strategy is announced in November/December

For contact details on the new team structure please see **page 6..**

General comments **to** substancemisuse@pdteam.org.uk

Intermediate Care – What does it mean for Older People in Nottingham?

For some older people, a spell of illness, an operation, or perhaps a fall can result in a loss of independence, including admission to hospital or long-term care.

In Nottingham we have developed intermediate care services that offer **support** and **rehabilitation** to older people at a time of crisis. The services help people who don't really need to go into hospital but are unable to cope at home, and those coming out of hospital. The services are provided at home wherever possible, or in dedicated units with 24-hour care, by specialist teams including nurses, therapists and social workers.

The "**Homeward Bound Unit**" at Highfields in Bulwell, offers a service for patients at QMC who have fractured a limb and are temporarily unable to return home. Instead of a prolonged stay on a busy hospital ward waiting for their fractures to heal they are transferred to the unit and cared for in a more homely environment with their own rooms, where they can enjoy social activities and receive support and rehabilitation to speed up their recovery and return to home.

We will soon establish more "homeward bound" units for older people who are in hospital, whose medical problems have been resolved but who are unable to return home straightaway. They will not have to stay so long on busy wards and will have a period of rehabilitation and convalescence. The aim will be to help them regain their daily living skills and return to their own homes wherever possible.

For more information on intermediate care developments in Nottingham contact:

Shirley Smith, Nottingham City PCT (0115 9428646)

Email: shirley.smith@nottinghamcity-pct.nhs.uk

or

Sharon Creber, Broxtowe & Hucknall PCT (0115 8754903)

Email: sharon.creber@broxtowehucknall-pct.nhs.uk

General comments to olderpeople@pdteam.org.uk

"Focus is on support and rehabilitation to reduce the length of hospital stays and promote older people returning to their own homes"



If **you** have any ideas, issues or concerns about any of the subjects in this newsletter

please contact the Chairs direct or write to the **partnership development** team (PDT),



British Red Cross Nottinghamshire,

Great Freeman St, Nottingham. NG3 1FR

Telephone **0115 988 1710**,



Direct Fax **0115 912 3441**, (office hours)

E-mail info@pdteam.org.uk

Website www.pdteam.org.uk

	voluntary sector forums
	These local forums provide opportunities to exchange information & share views. All discuss health & social care, some have a wider remit exploring other local initiatives and opportunities. Further information available below:
Ashfield	Ashfield Links Forum; 01623 555 551 or LINKS@netcomuk.co.uk
Gedling	Gedling Voluntary Action Network, Pam Wisher on 0115 926 6750 gedlingvb@care4free.net
ARCH	Action for Rural Care & Health – a multi-agency forum looking at health & social care issues in the context of Rural Nottinghamshire. For Information contact Marilyn Tippet at Notts Rural Community Council on 01623 727 600
Housing & Homelessness	A multi-agency forum examining issues of housing and homelessness in the County & City. For further information contact Fiona Bennett on 0115 967 4424
Learning Disability	A county-wide forum for voluntary organisations working with adults with learning disabilities. The group meets quarterly to support the voluntary sector representative on the County Learning Disability Partnership Board, the next meeting is 27th November. Contact Maggy Topley on 0115 988 1710 or Val Gardiner 01636 613693 for further information.

CITY DRUG ACTION TEAM CONTACT DETAILS	
Staff Member	Lead Areas
Tony Cooke Drug Strategy Manager 0115 915 7029	City Drug Strategy, City Council/Area Committees Communities Against Drugs Programme Crime & Disorder Partnership, Homelessness Community Safety and Drug Availability Regeneration Programmes
Debra Cunningham DAT Co-ordinator 0115 915 1956	Drug Action Team Meeting & Subgroups Treatment, Primary Care/Shared Care, Diversity Harm Reduction/Drug Related Deaths, Prison Services Young People's Drug Strategy, Drug Availability
Jennifer James DAT Commissioning Manager 0115 915 1965	Commissioning Plan, Drug Service Development Quality Standards/Best Value Contracts and Monitoring Arrangements
Maura May Joint Commissioning Officer 0115 915 7028	Alcohol Services/Alcohol Misuse HIV Strategy
Tessa Rodgers DAT Support Officer 0115 915 1961	DAT Meetings DAT Support and administration
Rachel Baxter Community Drugs Officer 0115 915 1961	Community Development, Discarded Needles Employment Initiatives, Community Grants Programme
Training Officer Vacancy	Training for Drugs Services & Partner Agencies

contact details

<p>Broxtowe & Hucknall PCT Priory Court Beeston Nottingham. NG9 2TA Tel: 0115 875 4900 www.nottingham.nhs.uk</p>	<p>Gedling PCT Arnot Hill House Civic Centre Arnot Hill Park, Arnold Nottingham. NG5 6LU Tel: 0115 993 1444 www.nottingham.nhs.uk</p>
<p>Nottingham City PCT Linden House 261 Beechdale Road Aspley Nott'm. NG8 3EY Tel: 0115 942 6000 www.nottingham.nhs.uk</p>	<p>Rushcliffe PCT Barclays Bank Chambers Tudor Square West Bridgford Nottingham. NG2 6BT Tel: 0115 956 0300 www.nottingham.nhs.uk</p>
<p>Nottingham City Council 14 Hounds Gate Nottingham. NG1 7BE Tel: 0115 915 5500 www.nottinghamcity.gov.uk</p>	<p>Nottinghamshire County Council County Hall West Bridgford Nottingham. NG2 7QP Tel: 0115 982 3823 www.nottscc.gov.uk</p>
<p>Nottingham City Drug Action Team Melrose House Waverley St Nottingham. NG7 4HF Tel: 0115 915 1961</p>	<p>Nottinghamshire Drug & Alcohol Action Team Ransom Hall Southwell Rd West Rainworth, Mansfield. Notts. NG21 0ER Tel: 01623 414 114 www.nottscountydaat.org.uk</p>

issue	contact name	location
HIV & AIDS	Ruth Cutler – Senior Development Manager	Gedling PCT (0115 859 9081)
learning disability	Janet Willins – Joint Commissioning Officer	Gedling PCT (0115 993 1444)
mental health	David Levell – NSF Local Implementation Manager	Gedling PCT (0115 993 1444)
	Lynne Winstanley – Director of Development	Gedling PCT (0115 993 1444)
physical & sensory impairment	Jane Godden – Commissioning Manager	Nottingham City PCT (0115 942 6000 x 38504)
older people	Caroline Jordan – Senior Nurse Public Health	Nottingham City PCT (0115 942 6000)
	Shirley Smith – NSF Implementation Manager (City)	Nottingham City PCT (0115 942 8646)
	Sharon Creber – NSF implementation Manager (Broxtowe, Gedling, Hucknall and Rushcliffe)	Broxtowe & Hucknall PCT (0115 875 4903)
substance misuse	Kate Davies – DAAT Co-ordinator(County)	See contact details above
	Debra Cunningham – DAT Co-ordinator (City)	See details page 6

diary

date	meeting	start time
october		
Thursday 3rd	Physical & Sensory Impairment Joint Commissioning Group	12.30 pm
Monday 7th	Carers' Forum - Contact PDT for info (parents/carers of adults with learning disabilities) Mental Health Awareness weeks - various events Oct 7-17	10.30 am
Tuesday 8th	Learning Disability Development Group	1.30 pm
Wednesday 9th	Health In Your Environment (tbc)	2 pm
Thursday 10th	Alcohol Users' Forum – Contact PDT for info	7 pm
Tuesday 15th	Older People's Strategic Modernisation Team	12 pm
Thursday 17th	Mental Health Stakeholders event	All day
Monday 21st	City Learning Disabilities Partnership Board	9.30 am
Wednesday 23rd	City Substance Misuse Joint Commissioning Group	1 pm
november		
Monday 4th	Carers' Forum - Contact PDT for info (parents/carers of adults with learning disabilities) Mental Health Local Implementation Team	10.30 am 1.30 pm
Wednesday 6th	Older People's Strategic Modernisation Team	2 pm
Tuesday 12th	Learning Disability Development Group	1.30 pm
Wednesday 27th	Learning Disabilities Voluntary Sector Network – Contact PDT for info	11 am
Thursday 28th	City Substance Misuse Joint Commissioning Group City Learning Disabilities Partnership Board Conference – provisional	9.30 am tbc
december		
Monday 2nd	Carers' Forum - Contact PDT for info (parents/carers of adults with learning disabilities)	10.30 am
Tuesday 3rd	Health In Your Environment (tbc)	2 pm
Monday 9th	Physical & Sensory Impairment Joint Commissioning Group	2 pm
Tuesday 10th	County Substance Misuse Joint Commissioning Group Learning Disabilities Development Group	9.30 am 1.30 pm
Thursday 12th	County Learning Disabilities Partnership board Older People's Strategic Modernisation Team	10.30 am 2 pm
Thursday 19th	City Substance Misuse Joint Commissioning Group	9.30 am

NOTE: Details of meetings in faint type are for information only. If you wish to discuss any matters please do so using the contact details overleaf or contact the Partnership Development Team

The views expressed in this publication are not necessarily those of the Partnership Development Team or their managing agent.

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